



Are You Ready for a Healthy Transformation?

Unlike many other programs, the Healthy Transformation Weight Loss Program from Metagenics provides a clinically designed food plan and targeted support for both weight loss and overall health—to help you look and feel your best.

| | Healthy Transformation Program | Leading Competitors |
|---|-------------------------------------|--------------------------|
| Physician supervised and recommended. | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Scientifically formulated nutritional program and food plan. | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Modeled after a clinical study. | <input checked="" type="checkbox"/> | <input type="checkbox"/> |
| Comprehensive patient support, including a daily menu guide, recipes, and online tools. | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

This clinically designed program includes:

- Targeted support for weight loss with high protein shakes and soup mixes
- Advanced nutritional support for health with daily supplement packets, probiotic, fiber mix, and low glycemic protein bar
- Program guide with easy-to-follow instructions, menu plans, and recipes
- High protein, phytonutrient-dense food plan with a wide range of choices
- Simple exercise plan
- Online support, including FAQs and helpful lifestyle tips
- Practitioner support and counseling sessions

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Scientifically formulated nutritional program and food plan.



Modeled after a clinical study.



Comprehensive patient support, including a daily menu guide, recipes, and online tools.



Ask your healthcare provider about the Healthy Transformation Weight Loss Program today!

By committing to this program, you are taking the first step toward better health!